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A Life in the Bush Nov 14 2021 Winner of The CAA-Birks Family Foundation Award for Biography The 2000 Ottawa-Carlton Book Award The (U.S.) Rutstrum Award for Best Wilderness Book "A portrait of a true original."—The Hamilton Spectator In 1929, at the age of twenty-two, Duncan MacGregor, the son of a lumberman, great-grandson of a voyageur, and an avid reader and baseball fan, headed off into the largest tract of preserved bush in the world: Ontario's Algonquin Park. When he got there, he was home for the rest of his life. From the true nature of fishing to the harsh realities of raising a family in the woods, from the role of fear in the bush to the small nuances of family relationships, *A Life in the Bush* is painted on a canvas both vast and richly detailed. A story that captures the tough physical demands, the rich life of the senses, and the unselfconscious freedom that comes from living apart from town and city. In this beautifully crafted memoir of his father, Roy MacGregor paints an intimate portrait of an unusual man and spins a spellbinding tale of a boy's complex relationship with his father. He also evokes, perhaps for the first time in Canadian literature, the bush the way bush people see it, an insider's view of life in the totemic Canadian wilderness.

Dance Move Nov 21 2019 'I could not put this book down and loved every page.' - Salena Godden 'Humane, funny, surprising, profound.' - Chris Power 'A masterpiece.' - David Keenan Meet Drew Lord Haig, called upon to sing the obscure hit from his youth at a paramilitary event. Or Max, who recalls an eventful journey to a Christian film festival. Meet Mrs Dallesandro, in the tanning salon on her wedding anniversary dreaming of a teenage sexual experience. And Sonya, who scours the streets of Belfast for the missing posters of her dead son. In *Dance Move*, the collection of stories from Wendy Erskine, we meet characters who are looking to wrest control of their lives, only to find themselves defined by the moment in their past that marked them. In these stories - as in real life - the funny, the tender and the devastating go hand in hand. Full of warmth, the familiar and the strange, they are about what it means to live in the world, how far you can end up from where you came from, and what it means to look back. Shortlisted for the Edge Hill Prize.

A Life in Balance Jul 22 2022 Nautilus Book Awards Winners for 2007 (category: Self-Help/Psychology/ Personal Growth) "Like many people, Kathleen Hall found that despite great success and material wealth, she had yet to identify purpose, meaning, and balance in her work and her life. She left her Wall Street firm and devoted herself to understanding the relationships between mind, body, and spirit, and between professional and personal fulfillment. Since then, she has studied with great spiritual leaders including the Dalai Lama, Bishop Desmond Tutu, and the exiled Vietnamese monk Thich Nhat Hanh. She has also learned from medical experts like Dr. Dean Ornish of the Preventive Medicine Research Institute and Dr. Herbert Benson at the Harvard Mind-Body Institute. Inspired by those diverse influences, Dr. Hall has written *A Life in Balance*, a guided journey to joy, peace, and an intentional life grounded in the four roots of the SELF: * Serenity. Find what brings us peace, and channel it into everything we do * Exercise. Align the body with energy and health through walking, yoga, martial arts, and more * Love. Build community and relationships that heal others as well as ourselves * Food. Pay attention not just to what we eat, but to what we experience through all our senses Our lives pull us in many different directions; to find happiness, we must first create balance. Filled with wit, wisdom, and compassion, *A Life in Balance* will help any reader identify and stay true to his or her authentic self."

My Life as a Book Sep 12 2021 Summer's finally here, and Derek Fallon is looking forward to pelting the UPS truck with water balloons, climbing onto the garage roof, and conducting silly investigations. But when his parents decide to send him to Learning Camp, Derek's dreams of fun come to an end. Ever since he's been labeled a "reluctant reader," his mom has pushed him to read "real" books-something other than his beloved Calvin & Hobbes. As Derek forges unexpected friendships and uncovers a family secret involving himself (in diapers! no less), he realizes that adventures and surprises are around the corner, complete with curve balls. *My Life as a Book* is a 2011 Bank Street - Best Children's Book of the Year.

George Washington Jan 16 2022 When it comes to the Founding Fathers, Thomas Jefferson, Benjamin Franklin, and Alexander Hamilton are generally considered the great minds of early America. George Washington, instead, is toasted with accolades regarding his solid common sense and strength in battle. Indeed, John Adams once snobbishly dismissed him as "too illiterate, unlearned, unread for his station and reputation." Yet Adams, as well as the majority of the men who knew Washington in his life, were unaware of his singular devotion to self-improvement. Based on a comprehensive amount of research at the Library of Congress, the collections at Mount Vernon, and rare book archives scattered across the country, Kevin J. Hayes corrects this misconception and reconstructs in vivid detail the active intellectual life that has gone largely unnoticed in conventional narratives of Washington. Despite being a lifelong reader, Washington felt an acute sense of embarrassment about his relative lack of formal education and cultural sophistication, and in this sparkling literary biography, Hayes illustrates just how tirelessly Washington worked to improve. Beginning with the primers, forgotten periodicals, conduct books, and classic eighteenth-century novels such as *Tom Jones* that shaped Washington's early life, Hayes studies Washington's letters and journals, charting the many ways the books of his upbringing affected decisions before and during the Revolutionary War. The final section of the book covers the voluminous reading that occurred during Washington's presidency and his retirement at Mount Vernon. Throughout, Hayes examines Washington's writing as well as his reading, from *The Journal of Major George Washington* through his Farewell Address. The sheer breadth of titles under review here allow readers to glimpse Washington's views on foreign policy, economics, the law, art, slavery, marriage, and religion-and how those views shaped the young nation.. Ultimately, this sharply written biography offers a fresh perspective on America's Father, uncovering the ideas that shaped his intellectual journey and, subsequently, the development of America.

A Life for a Life Dec 23 2019 Explores the unlikely relationship that develops between young D'Ray Reid and the father of another man he kills in a violent armed robbery gone bad.

Designing Your Life Mar 18 2022 #1 NEW YORK TIMES BEST SELLER • At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

Your Life as Art Oct 01 2020 This book is about creating your life just as the artist creates a painting, a composer writes a symphony, or the poet writes a poem. Robert Fritz further develops his special insights that he introduced in his best selling book *The Path of Least Resistance*. In *Your Life As Art*, Fritz shows the relationship among the mechanics, the orientation, and the depth of the human spirit within the creative process, and how your life itself can be made like a work of art. *Your Life As Art* breaks new ground, shakes up the status quo, and, at once, is common sense and revolutionary insight that can change the way you understand the dynamics of your life-building process.

A Little Life Jan 04 2021 NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE A Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s new novel, *To Paradise*, coming in January 2022.

A Life at Work Aug 23 2022 A job is never just a job. It is always connected to a deep and invisible process of finding meaning in life through work. In Thomas Moore’s groundbreaking book *Care of the Soul*, he wrote of “the great malady of the twentieth century...the loss of soul.” That bestselling work taught readers ways to cultivate depth, genuineness, and soulfulness in their everyday lives, and became a beloved classic. Now, in *A Life’s Work*, Moore turns to an aspect of our lives that looms large in our self-regard, an aspect by which we may even define ourselves—our work. The workplace, Moore knows, is a laboratory where matters of soul are worked out. *A Life’s Work* is about finding the right job, yes, and it is also about uncovering and becoming the person you were meant to be. Moore reveals the quest to find a life’s work in all its depth and mystery. All jobs, large and small, long-term and temporary, he writes, contribute to your life’s work. A particular job may be important because of the emotional rewards it offers or for the money. But beneath the surface, your labors are shaping your destiny for better or worse. If you ignore the deeper issues, you may not know the nature of your calling, and if you don’t do work that connects with your deep soul, you may always be dissatisfied, not only in your choice of work but in all other areas of life. Moore explores the often difficult process—the obstacles, blocks, and hardships of our own making—that we go through on our way to discovering our purpose, and reveals the joy that is our reward. He teaches us patience, models the necessary powers of reflection, and gives us the courage to keep going. *A Life’s Work* is a beautiful rumination, realistic and poignant, and a comforting and exhilarating guide to one of life’s biggest dilemmas and one of its greatest opportunities.

Principles Sep 24 2022 #1 New York Times Bestseller “Significant...The book is both instructive and surprisingly moving.” —The New York Times Ray Dalio, one of the world’s most successful investors and entrepreneurs, shares the unconventional principles that he’s developed, refined, and used over the past forty years to create unique results in both life and business—and which any person or organization can adopt to help achieve their goals. In 1975, Ray Dalio founded an investment firm, Bridgewater Associates, out of his two-bedroom apartment in New York City. Forty years later, Bridgewater has made more money for its clients than any other hedge fund in history and grown into the fifth most important private company in the United States, according to *Fortune* magazine. Dalio himself has been named to *Time* magazine’s list of the 100 most influential people in the world. Along the way, Dalio discovered a set of unique principles that have led to Bridgewater’s exceptionally effective culture, which he describes as “an idea meritocracy that strives to achieve meaningful work and meaningful relationships through radical transparency.” It is these principles, and not anything special about Dalio—who grew up an ordinary kid in a middle-class Long Island neighborhood—that he believes are the reason behind his success. In *Principles*, Dalio shares what he’s learned over the course of his remarkable career. He argues that life, management, economics, and investing can all be systemized into rules and understood like machines. The book’s hundreds of practical lessons, which are built around his cornerstones of “radical truth” and “radical transparency,” include Dalio laying out the most effective ways for individuals and organizations to make decisions, approach challenges, and build strong teams. He also describes the innovative tools the firm uses to bring an idea meritocracy to life, such as creating “baseball cards” for all employees that distill their strengths and weaknesses, and employing computerized decision-making systems to make believability-weighted decisions. While the book brims with novel ideas for organizations and institutions, *Principles* also offers a clear, straightforward approach to decision-making that Dalio believes anyone can apply, no matter what they’re seeking to achieve. Here, from a man who has been called both “the Steve Jobs of investing” and “the philosopher king of the financial universe” (*CIO* magazine), is a rare opportunity to gain proven advice unlike anything you’ll find in the conventional business press.

Best Life Sep 19 2019 *Best Life* magazine empowers men to continually improve their physical, emotional and financial well-being to better enjoy the most rewarding years of their life.

Get a Life! Aug 11 2021 In a candid look at the world of “Star Trek” fans, the author pays tribute to the enthusiasm, good humor, and love that he has encountered at “Star Trek” conventions, drawing on interviews with fans, dealers, fellow cast members, and promoters to examine

LIFE Jun 28 2020 *LIFE* Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today’s people and events. They have free access to share, print and post images for personal use.

The Animal Book Aug 19 2019 The wonders of the natural world come to life in full colour in the ultimate book on animals and insects *The Animal Book* is the complete guide to the natural world for curious children and budding naturalists. From the tiny toadstool to the giant oak, the smallest spider to the largest elephant, the wonders of life are here to see in stunning photo galleries. With over 1,500 species of animals and plants to learn about, *The Animal Book* is perfect for school projects and homework. The ‘Tree of Life’ at the start of the book will show you how species are connected, as well as guiding you through everything from microscopic life to fish, birds, reptiles and mammals. Ever wondered how a polar bear looks when trying to catch fish? Amazing full page pictures show you animals in their natural habitats, going about their lives. Fact boxes and amazing galleries take you on a complete learning journey. *The Animal Book* really is the ultimate book on the natural world, from A(moeba) to Z(ebra).

A Life in Error Feb 23 2020 This succinct but absorbing book covers the main way stations on James Reason’s 40-year journey in pursuit of the nature and varieties of human error. He presents an engrossing and very personal perspective, offering the reader exceptional insights, wisdom and wit as only James Reason can. *A Life in Error* charts the development of his seminal and hugely influential work from its original focus on individual cognitive psychology through the broadening of scope to embrace social, organizational and systemic issues.

Ikigai Apr 07 2021 THE INTERNATIONAL BESTSELLER We all have an ikigai. It’s the Japanese word for ‘a reason to live’ or ‘a reason to jump out of bed in the morning’. It’s the place where your needs, desires, ambitions, and satisfaction meet. A place of balance. Small wonder that finding your ikigai is closely linked to living longer. Finding your ikigai is easier than you might think. This book will help you work out what your own ikigai really is, and equip you to change your life. You have a purpose in this world: your skills, your interests, your desires and your history have made you the perfect candidate for something. All you have to do is find it. Do that, and you can make every single day of your life joyful and meaningful.

‘I read it and it’s bewitched me ever since. I’m spellbound.’ Chris Evans ‘A refreshingly simple recipe for happiness.’ Stylist ‘Ikigai gently unlocks simple secrets we can all use to live long, meaningful, happy lives. Warm, patient, and kind, this book pulls you gently along your own journey rather than pushing you from behind.’ Neil Pasricha, bestselling author of *The Happiness Equation*

Half a Life Feb 05 2021 In this powerful, unforgettable memoir, acclaimed novelist Darin Strauss examines the far-reaching consequences of the tragic moment that has shadowed his whole life. In his last month of high school, he was behind the wheel of his dad’s Oldsmobile, driving with friends, heading off to play mini-golf. Then: a classmate swerved in front of his car. The collision resulted in her death. With piercing insight and stark prose, Darin Strauss leads us on a deeply personal, immediate, and emotional journey—graduating high school, going away to college, starting his writing career, falling in love with his future wife, becoming a father. Along the way, he takes a hard look at loss and guilt, maturity and accountability, hope and, at last, acceptance. The result is a staggering, uplifting tour de force. Look for special features inside, including an interview with Colum McCann.

A Life of One’s Own May 28 2020 How often do we ask ourselves, ‘What will make me happy? What do I really want from life?’ In *A Life of One’s Own* Marion Milner explores these questions and embarks on a seven year personal journey to discover what it is that makes her happy. On its first

publication, W. H. Auden found the book 'as exciting as a detective story' and, as Milner searches out clues, the reader quickly becomes involved in the chase. Using her own personal diaries, kept over many years, she analyses moments of everyday life and discovers ways of being, of looking, of moving, that bring surprising joy - ways which can be embraced by anyone. With a new introduction by Rachel Bowlby this classic remains a great adventure in thinking and living and will be essential reading for all those interested in reflecting on the nature of their own happiness - whether readers from a literary, an artistic, a historical, an educational or a psychoanalytic/psychotherapeutic background.

LIFE Jun 16 2019 LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today's people and events. They have free access to share, print and post images for personal use.

A Life of Being, Having, and Doing Enough Apr 26 2020 From the moment we are born, we are seekers. Our culture obsessively promotes the pursuit of money, success and self-improvement. At the end of each activity-jammed day, though, we collapse into bed discouraged by everything we have not checked off on our to-do lists, in despair that whatever we have accomplished is never enough. Worse still, when our dreams become derailed by the inherent tragedies of life—job loss, financial peril, sickness, or the death of a loved one—we feel devastated by the pain and injustice of it all. Nationally renowned author, therapist, and minister Wayne Muller offers healing for the perpetually stressed in *A Life of Being, Having, and Doing Enough*. By learning compassion and mercy for ourselves and by recognizing what is most profoundly true about who we are and what we need, we can gain the self-acceptance so that whatever we choose to do, in this moment, it is wholly enough. Muller mixes the writings of great spiritual and political leaders with inspirational anecdotes from his own life, inviting us to derive more satisfaction from less and pull gratitude out of the ashes of grief. The answer to what he describes as "authentic happiness" lies not in seeing the glass as half full instead of half empty. In reality, he writes, the glass is always half full and half empty. The world is neither broken nor whole, but eternally engaged in rhythms between joy and sorrow. With Muller's guidance, we may find ourselves on the most courageous spiritual pilgrimage of our lives.

Own Your Life Jul 30 2020 Do you ever long for days full of joy and energy—days that bring out the best version of you rather than leave you exhausted? Do you sometimes catch yourself wishing life was more impactful and fulfilling? In a world that's moving so fast, it's easy to lose your sense of purpose. So now is the time to make each moment of your ordinary, everyday, beautiful existence count. It's time to own your life. Sally Clarkson's *Own Your Life* is a breath of fresh air into the life and soul of a busy woman. Like a faithful friend, Sally journeys with you to explore what it means to live meaningfully, follow God truly, and bring much-needed order to your chaos. Each page offers deeply personal, authentic, and practical guidance to help you build an intentional life. Discover what it means to own your life, and dare to trust God's hands as He richly shapes your character, family, work, and soul.

The Subtle Art of Not Giving a Fk Feb 17 2022 #1 New York Times Bestseller Over 10 million copies sold** In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people. For decades, we've been told that positive thinking is the key to a happy, rich life. "F**k positivity," Mark Manson says. "Let's be honest, shit is f**ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. *The Subtle Art of Not Giving a F**k* is his antidote to the coddling, let's-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f**k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, *The Subtle Art of Not Giving a F**k* is a refreshing slap for a generation to help them lead contented, grounded lives.

Lanark Mar 06 2021 This novel is a work of extraordinary imagination and wide range. Its playful narrative techniques convey a profound message, both personal and political, about humankind's inability to love and yet our compulsion to go on trying.

How to Gut a Fish Jul 18 2019 'Unsettling, unpredictable, and brilliant' Roddy Doyle 'In sumptuous and evocative prose, Sheila Armstrong writes stories that are unnerving and unsettling. Stories which make you go, wait, wait, what was that?' Claire Fuller, author of *Unsettled Ground* On a boat offshore, a fisherman guts a mackerel as he anxiously awaits a midnight rendezvous. Villagers, one by one, disappear into a sinkhole beneath a yew tree. A nameless girl is taped, bound and put on display in a countryside market. A man returning home following the death of his mother finds something disturbing among her personal effects. A dazzling and disquieting collection of stories, how to gut a fish places the bizarre beside the everyday and then elegantly and expertly blurs the lines. An exciting new Irish writer whose sharp and lyrical prose unsettles and astounds in equal measure, Sheila Armstrong's exquisitely provocative stories carve their way into your mind and take hold. 'Dark, devilishly well written and full of atmosphere, *How to Gut a Fish* is one of the most original and affecting short story collections I've read in years' Jan Carson, author of *The Fire Starters*

Making a Life Nov 02 2020 Named one of Publishers Weekly's Best Books of 2019 Why do we make things by hand? And why do we make them beautiful? Led by the question of why working with our hands remains vital and valuable in the modern world, author and maker Melanie Falick went on a transformative, inspiring journey. Traveling across continents, she met quilters and potters, weavers and painters, metalsmiths, printmakers, woodworkers, and more, and uncovered truths that have been speaking to us for millennia yet feel urgently relevant today: We make in order to slow down. To connect with others. To express ideas and emotions, feel competent, create something tangible and long-lasting. And to feed the soul. In revealing stories and gorgeous original photographs, *Making a Life* captures all the joy of making and the power it has to give our lives authenticity and meaning.

A Life of My Own Aug 31 2020 A Sunday Times Top 10 Bestseller As one of the best biographers of her generation, Claire Tomalin has written about great novelists and poets to huge success: now, she turns to look at her own life. This enthralling memoir follows her through triumph and tragedy in about equal measure, from the disastrous marriage of her parents and the often difficult wartime childhood that followed, to her own marriage to the brilliant young journalist Nicholas Tomalin. When he was killed on assignment as a war correspondent she was left to bring up their four children - and at the same time make her own career. She writes of the intense joys of a fascinating progression as she became one of the most successful literary editors in London before discovering her true vocation as a biographer, alongside overwhelming grief at the loss of a child. Writing with the élan and insight which characterize her biographies, Claire Tomalin sets her own life in a wider cultural and political context, vividly and frankly portraying the social pressures on a woman in the Fifties and Sixties, and showing 'how it was for a European girl growing up in mid-twentieth-century England ... carried along by conflicting desires to have children and a worthwhile working life.'

A Life in Parts Apr 19 2022 "Nothing short of riveting...an engrossing first-person account by one of our finest actors" (Huffington Post)—both a coming-of-age story and a meditation on creativity, devotion, and craft—Bryan Cranston, beloved and acclaimed star of one of history's most successful TV shows, *Breaking Bad*. Bryan Cranston began his acting career at the age of seven, when his father, a struggling actor and sometime director, cast him in a commercial for United Way. By fifth grade he was starring in the school play, spending hours at the local movie theater, and re-enacting favorite scenes with his brother in their living room. Cranston seemed destined to be an actor. But then his father left. And his family fell apart. Troubled by his father's missteps, Cranston abandoned his acting aspirations and resolved to pursue a steadier career in law enforcement. Then, on a two-year cross-country motorcycle journey, Cranston re-discovered his talent for acting and found his mission and his calling. In this "must-read memoir" (*The Philadelphia Inquirer*), Cranston traces the many roles he inhabited throughout his remarkable life, both on and off screen.

For the first time he shares the story of his early years as an actor on the soap opera *Loving*, his recurring spots on *Seinfeld*, and his time as a bumbling father Hal on *Malcolm in the Middle*, to his tour-de-force, Tony-winning performance as Lyndon Baines Johnson in Broadway's *All the Way*, to his most iconic role of all: *Breaking Bad*'s Walter White. "An illuminating window into the actor's psyche" (People), Cranston has much to say about creativity, devotion, and craft, as well as innate talent and its challenges and benefits and proper maintenance. "By turns gritty, funny, and sad" (Entertainment Weekly), ultimately *A Life in Parts* is a story about the joy, the necessity, and the transformative power of simple hard work.

Mouth to Mouth Jan 24 2020 A novel in which a successful art dealer confesses the story of his rise to a former classmate in an airport bar--a story that begins with his rescue and resuscitation of a drowning man with whom he becomes inextricably and disturbingly linked.

A Life on Our Planet Oct 13 2021 With a new afterword, *Why You Are Here: A speech on the opening of the COP26 climate summit* As a young man, I felt I was out there in the wild, experiencing the untouched natural world - but it was an illusion. The tragedy of our time has been happening all around us, barely noticeable from day to day - the loss of our planet's wild places, its biodiversity. I have been witness to this decline. *A Life on Our Planet* contains my witness statement, and my vision for the future - the story of how we came to make this, our greatest mistake, and how, if we act now, we can yet put it right. We have the opportunity to create the perfect home for ourselves and restore the wonderful world we inherited. All we need is the will to do so.

Freddie Mercury May 20 2022 "Freddie Mercury: A Life, In His Own Words" is the nearest thing to Freddie's autobiography as it is possible to achieve. A moving, witty, often irreverent collection of quotes from the man himself, covering an extraordinary life, meticulously edited together by Queen's long time archivists, with a Foreword by Freddie's mum. An essential read not just for fans of Queen and their iconic frontman, but anyone intrigued to know more about one of music's most endearing and enduring performers.

A Life with Books Oct 25 2022

12 Rules for Life Jun 21 2022 #1 NATIONAL BESTSELLER #1 INTERNATIONAL BESTSELLER What does everyone in the modern world need to know? Renowned psychologist Jordan B. Peterson's answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. Humorous, surprising and informative, Dr. Peterson tells us why skateboarding boys and girls must be left alone, what terrible fate awaits those who criticize too easily, and why you should always pet a cat when you meet one on the street. What does the nervous system of the lowly lobster have to tell us about standing up straight (with our shoulders back) and about success in life? Why did ancient Egyptians worship the capacity to pay careful attention as the highest of gods? What dreadful paths do people tread when they become resentful, arrogant and vengeful? Dr. Peterson journeys broadly, discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life. *12 Rules for Life* shatters the modern commonplaces of science, faith and human nature, while transforming and ennobling the mind and spirit of its readers.

A Life in Stitches Mar 26 2020 A hilarious, heartfelt romp that will bring you home to yourself. You don't have to be a knitter to fall in love with this book—any person who's ever made anything with their hands will dive joyfully into these pages and come back up renewed and ready to create. Tenth Anniversary Edition - This beloved bestseller is newly updated with fresh stories and extra devotion to the happiness found in everyday tools. Internationally bestselling author Rachael Herron shows that when life unravels, there's usually a way to knit it back together again, and if there's not, there's still hope to be found in the simple tools of the craft. Honest, funny, and full of warmth, Herron's tales, each inspired by something she knitted, will speak to anyone who's ever loved (or lost). From her very first sweater (a hilarious disaster) to the yellow afghan that caused a breakup (and, ultimately, a breakthrough), every chapter has a moving story behind it. This beautifully candid collection about crafting the art of happiness through joy and grief is perfect for fans of Elizabeth Gilbert and Glennon Doyle. Click BUY now! Rachael Herron is the author of more than two dozen books, including thriller (under R.H. Herron), mainstream fiction, feminist romance, memoir, and nonfiction about writing. She received her MFA in writing from Mills College, Oakland, and she teaches writing extension workshops at both UC Berkeley and Stanford. She is a proud member of the NaNoWriMo Writer's Board. An AmeriKiwi, she's currently living in New Zealand.

Making a Life, Making a Living® Jun 09 2021 Peppered with numerous quotes, quips, and observations, this book offers a detailed approach to how people who are serious about their careers can seek financial goals in life while maintaining an inner spiritual sense and stability.

My Life in Full May 08 2021 'A must-read for working women and the men who work with us, love us and support us' Hillary Rodham Clinton 'Surprising and compelling' Financial Times The much-anticipated and inspiring memoir by Indra Nooyi, the trailblazing former CEO of PepsiCo, offering clear-eyed insight and a call to action for how our society can really blend work and family - and advance women - in the twenty-first century For more than a dozen years as one of the world's most admired CEOs, Indra Nooyi redefined what it means to be an exceptional leader. The first woman, person of color, and immigrant to run a Fortune 50 company - and one of the foremost strategic thinkers of our time - Nooyi transformed PepsiCo with a unique vision, a vigorous pursuit of excellence, and a deep sense of purpose. Now, in a rich memoir brimming with grace, grit, and good humor, *My Life in Full* offers a firsthand view of a legendary career and the sacrifices it so often demanded. In her book, Nooyi shares the events that shaped her - from her childhood in 1960s India, to the Yale School of Management, to her rise as a consultant and corporate strategist who soon ascended into the most senior executive ranks. The book offers an intimate look inside PepsiCo, detailing how she steered the iconic American company toward healthier products and reinvented its environmental profile without curbing financial performance - despite resistance at every turn. At the same time, Nooyi built a home with her husband - also a high-powered executive - two daughters, and members of her extended family. *My Life in Full* includes her unvarnished take on the competing pressures on her attention and time, and what she learned along the way. This book, as has her personal journey, will inspire young women everywhere to believe that they, too, can climb to powerful roles without giving up on the desire for a family and children. But, as Nooyi eloquently argues, her story is not a call for women to simply try harder, but is proof of the importance of organized care structures in all of our success. Nooyi makes a clear, actionable, urgent call for business and government to prioritise the care ecosystem, from skilled care networks to zoning policy, to paid leave and flexible and predictable work hours, each so critical to unleashing the economy's full potential and helping families thrive. Generous, authoritative, and grounded in lived experience, *My Life in Full* is both the story of an extraordinary leader's life, and a moving tribute to the relationships that created it.

Living a Life of Harmony Oct 21 2019 7 simple yet powerful guidelines provide a compass for navigating life harmoniously, cultivating a peaceful mind, and spreading kindness • Offers 7 guidelines for living a life of harmony and peace based on existing guidance from Buddhism, Yoga, and other great teachings, integrated and updated for the modern world • Explains how to implement the guidelines in daily life on a practical basis, supported by real-life examples and practices • Illustrates in-depth how and why each of these guidelines hold value and how they provide a set of tools to help us deal with life's ups and downs more skillfully, mindfully, and compassionately In our very busy world it's easy to get lost in the details and demands of everyday living. Fatigued and overwhelmed by the sheer amount of information, the myriad of choices our technologically advanced communication era offers, we lose sight of what life is all about. How do we find balance and harmony in this overloaded world? And how do we navigate life in tune with our soul as well as with modern society? As author Darren Cockburn explains, we are all part of one big universal process that encompasses and connects everything--every thought, emotion, action, nature, all there is. Over the centuries, religions and philosophies have provided direction on how to act ethically and in accordance with this process, yet in our modern world, these "rules" may seem outdated or too rigid. Integrating and updating existing guidance from Buddhism, Yoga, and other great teachings, the author offers 7 guidelines for living a life of harmony and balance: honor the body, bring awareness and acceptance into every moment, act with kindness, understand the truth and communicate it skillfully, do only what needs to be done, harmoniously obtain and retain only what you need, and apply the guidelines to your digital device usage. He illustrates how and why each of these guidelines hold value, revealing their interconnections, and explains how to implement them practically in daily life, sharing real-life examples as well as practices to support each guideline and deepen your existing spiritual practice. The author explores how the 7 easy-to-practice guidelines help us gain a deeper understanding of the universal process of life, as well as provide a set of tools to help us deal with life's ups and downs more skillfully. They enable us to face life empowered and confident, peacefully observe and accept

what life presents us with, cultivate compassion and kindness, as well as spread mindfulness to those around us. Practiced together, these guidelines provide a simple yet powerful compass to guide you to a peaceful mind and harmonious living, much needed in today's world.

Bitwise Dec 15 2021 An exhilarating, elegant memoir and a significant polemic on how computers and algorithms shape our understanding of the world and of who we are Bitwise is a wondrous ode to the computer languages and codes that captured technologist David Auerbach's imagination. With a philosopher's sense of inquiry, Auerbach recounts his childhood spent drawing ferns with the programming language Logo on the Apple IIe, his adventures in early text-based video games, his education as an engineer, and his contributions to instant messaging technology developed for Microsoft and the servers powering Google's data stores. A lifelong student of the systems that shape our lives—from the psychiatric taxonomy of the Diagnostic and Statistical Manual to how Facebook tracks and profiles its users—Auerbach reflects on how he has experienced the algorithms that taxonomize human speech, knowledge, and behavior and that compel us to do the same. Into this exquisitely crafted, wide-ranging memoir of a life spent with code, Auerbach has woven an eye-opening and searing examination of the inescapable ways in which algorithms have both standardized and coarsened our lives. As we engineer ever more intricate technology to translate our experiences and narrow the gap that divides us from the machine, Auerbach argues, we willingly erase our nuances and our idiosyncrasies—precisely the things that make us human.

I Live a Life Like Yours Dec 03 2020 "A quietly brilliant book that warms slowly in the hands." —Dwight Garner, The New York Times I am not talking about surviving. I am not talking about becoming human, but about how I came to realize that I had always already been human. I am writing about all that I wanted to have, and how I got it. I am writing about what it cost, and how I was able to afford it. Jan Grue was diagnosed with spinal muscular atrophy at the age of three. Shifting between specific periods of his life—his youth with his parents and sister in Norway; his years of study in Berkeley, St. Petersburg, and Amsterdam; and his current life as a professor, husband, and father—he intersperses these histories with elegant, astonishingly wise reflections on the world, social structures, disability, loss, relationships, and the body: in short, on what it means to be human. Along the way, Grue moves effortlessly between his own story and those of others, incorporating reflections on philosophy, film, art, and the work of writers from Joan Didion to Michael Foucault. He revives the cold, clinical language of his childhood, drawing from a stack of medical records that first forced the boy who thought of himself as "just Jan" to perceive that his body, and therefore his self, was defined by its defects. I Live a Life Like Yours is a love story. It is rich with loss, sorrow, and joy, and with the details of one life: a girlfriend pushing Grue through the airport and forgetting him next to the baggage claim; schoolmates forming a chain behind his wheelchair on the ice one winter day; his parents writing desperate letters in search of proper treatment for their son; his own young son climbing into his lap as he sits in his wheelchair, only to leap down and run away too quickly to catch. It is a story about accepting one's own body and limitations, and learning to love life as it is while remaining open to hope and discovery.

The 100-Year Life Jul 10 2021 *A new edition of the international bestseller (a #1 bestseller in Japan), featuring a new preface* Does the thought of working for 60 or 70 years fill you with dread? Or can you see the potential for a more stimulating future as a result of having so much extra time? Many of us have been raised on the traditional notion of a three-stage approach to our working lives: education, followed by work and then retirement. But this well-established pathway is already beginning to collapse - life expectancy is rising, final-salary pensions are vanishing, and increasing numbers of people are juggling multiple careers. Whether you are 18, 45 or 60, you will need to do things very differently from previous generations and learn to structure your life in completely new ways. The 100-Year Life is here to help. Drawing on the unique pairing of their experience in psychology and economics, Lynda Gratton and Andrew Scott offer a broad-ranging analysis as well as a raft of solutions, showing how to rethink your finances, your education, your career and your relationships and create a fulfilling 100-year life. · How can you fashion a career and life path that defines you and your values and creates a shifting balance between work and leisure? · What are the most effective ways of boosting your physical and mental health over a longer and more dynamic lifespan? · How can you make the most of your intangible assets - such as family and friends - as you build a productive, longer life? · In a multiple-stage life how can you learn to make the transitions that will be so crucial and experiment with new ways of living, working and learning? Shortlisted for the FT/McKinsey Business Book of the Year Award and featuring a new preface, The 100-Year Life is a wake-up call that describes what to expect and considers the choices and options that you will face. It is also fundamentally a call to action for individuals, politicians, firms and governments and offers the clearest demonstration that a 100-year life can be a wonderful and inspiring one.